

Journée de rentrée de l'EDMH 2024

## PhD can be challenging...

- Difficult experiences of former PhDs
- PhD can be a challenge (self-confidence,
  - pressure, isolation...)
- Not easy to meet other PhDs
  - informally

-> let's create some collective!



#### ...a possible answer: the GCD!

- An inclusive structure to meet and to exchange informally
- Provide mutual support
  (emotional, administrative)
- · Share good time together !!!



## We propose...

- Ways to meet:
  - -> Discord server join us!
  - -> LMO (break room of Library JH
  - -> regular going out
- ·Share material on PhD life

•What YOU propose ~~ (\_^.



# Experimental structure

- · Participative/horizontal organization
- Open from M2 to Postdoc
- Not limited to math nor Paris-Saclay

Join us and shape it the way you want:



#### Thanks for your attention:

Let's meet at the end of the day, then apero/dinner?

#### Join Discord for live info:

Bon appetit!



Trop souvent, l'isolement est un dénominateur commun aux doctorantees. Alors pour changer ça, créons du collectif !

Pour se rencontrer, s'entraider, discuter des problématiques qui sont les nôtres — et aussi partager des bons moments! — le PGCD propose de se retrouver de manière informelle, partout où c'est possible.

Si ca te parle, rejoins-nous sur Discord. Du stage de M2 jusqu'au postdoc, tu es bienvenue :)



Too often, isolation is a common denominator of doctorants. Let's change this and create a <u>collective</u>!

To find and support each other, to discuss our own specific issues - and to share cool moments as well! the GCD proposes to meet each other informally, wherever possible.

If this speaks to you, join us on the Discord. From M2 thesis to postdoc, you are welcomed :)



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